

BEFORE YOUR VISIT

PREPARE YOUR STUDENTS IN ADVANCE

ONLINE RESOURCES:

Visit our website, www.firstfruitsfarm.org/learning to find printable and digital resources available for free. These activities are meant to prepare your students for their trip, including what to expect, information about what makes First Fruits Farm special, and facts about our work here on the Farm.

VIRTUAL OR IN PERSON DISCOVERY SESSIONS:

Would your class benefit from a virtual or in person meeting before their visit to the Farm? We can schedule a 15-30 minute discovery session so that your students are prepared and excited for their trip! Email jenn@firstfruitsfarm.org.



BASIC PROGRAMS

LEARNING OPPORTUNITIES FOR THE "OFF SEASON" AND QUICK TRIPS

Depending on when and for how long you can visit us, we offer programs that fit your schedule:

MARCH - JUNE (OUR "OFF SEASON")

There is no produce ready to harvest yet - it's just being planted and starting to grow! Visits during this time are focused on learning, exploration, and possibly a service task that helps us prep for the season.

JULY - NOVEMBER:

Trips during these months will include time dedicated to volunteer service. We'll arrange a time to pull your group for activities during your time here. Extended day options are also available.

DEC-FEB.

Closed for the season

FARM TOUR:

APPX. 30 MINS-1 HOUR;
FOR GROUPS OF ALL SIZES



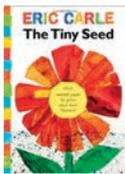
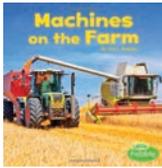
Visit us for an overview of what we do at First Fruits Farm, to learn about hunger in our region, and tour of the different areas on our 200-acre property. In the spring, this can be extended with a seasonal class from one of our content pillars or by having your students bring a picnic lunch to enjoy in our pavilion. Large groups (40+) will break up into rotating stations, which may include 2-3 of the following:

Animal Tour
Nature Walk
Greenhouse Tour
Barn Quilt Trail

Shop/Mechanical Tour
Discovery Garden
Meadow Reflections
Wagon Ride

CONTENT PILLARS

COURSES BY CONTENT AREA & AGE RANGE, WITH LITERACY CONNECTIONS

	GROWING STRONG	FARMWORKS	FARM TO TABLE
	Focus: Biology of plant life, earth sciences	Focus: Applied physics & mechanics	Focus: Health, nutrition, hands on cooking skills
	NGSS: LS1A – Structure and Function, LS4D–Biodiversity and Humans, LS1B – Growth and Development of Organisms	NGSS: PS2A–Forces and Motion, PS3B – Conservation of Energy and Energy Transfer, PS3C – Relationship between Energy and Forces	NHES: Standard 5 – Decision Making, Standard 7 – Practicing Health Enhancing Behaviors, Standard 8 – Advocacy
Pre K/Early Elementary	The Tiny Seed  <p>Students will learn how seeds move and what they need to grow. We'll plant seeds for each student to take home too!</p>	Machines at Work  <p>We've got lots of hard-working machines at the Farm! Students will learn about their jobs and take a fun and games tour of the equipment yard.</p>	Pumpkin, Pumpkin  <p>Available in the Fall, students will visit the pumpkin patch, learn how pumpkins grow, and make a treat with this good-for-you fruit! Take a pumpkin home as well.</p>
Upper Elementary	Planting to Share  <p>All of the food that is grown at First Fruits Farm is meant to be shared with people in need. You can plant food to share too!</p> <p>Decorate a planter and plant seeds for a salad garden. Or, dissect a seed to learn how our plants start growing, then take them home in a mini-greenhouse. Either way, the growth continues!</p>	Get in Gear <p>There are lots of moving pieces and parts at the Farm, including all of those found on our equipment. Talented thinkers have developed ways to solve problems through engineering that we use here each day. We'll explore some gizmos and gadgets to learn how gears affect speed, power, and motion. Then, we'll visit the Farm's machine shop to see these principals in action.</p>	What's Cooking?  <p>We grow many types of fresh produce at First Fruits Farm, and donate 100% of the harvest to people in need. Find out how these foods grow, harvest them with your own hands, and then learn how to make a healthy, kid-friendly seasonal recipe to enjoy!</p>
Upper Elementary/Middle	Using Our Garden Senses <p>Taste, touch, sight, smell, sound – the 5 senses come alive in the garden. We'll deep dive into the world of herbs, comparing and contrasting flavors, textures, and aromas of these easy-to-grow plants.</p>	Chickens on the Move <p>First Fruits Farm grows more than produce, we have a major egg production as well! 300 of our chickens live in a "mobile home", moving to fresh grass and enriching our soil at the same time. The mobile chicken house employs multiple principals of physics to interact with.</p>	<p>After learning about health benefits of choosing healthy foods, students will join in for a cooking experience where all will be encouraged to try their creation. Recipes will be seasonal depending on what is growing at the Farm. Please let us know of any allergy issues in advance so that we can plan the right recipe for your class.</p>
Secondary	Agribusiness–Soil to Sales <p>Running a farm takes discernment, scientific discovery, and research to have best results. Students will take soil samples directly from our fields and test for pH. Using this knowledge and their creativity, they'll design an agri-business plan based on their results to share with the group.</p>	Heavy Lifting <p>Farm machines need power to do big jobs. Hydraulics are the answer! Students will explore the function and use of hydraulic implements to see force in action. We'll investigate how area and psi work to produce amazing amounts of force, and see machines leveraging this power to do real work.</p>	Health Advocacy <p>Lack of choice is a major issue facing those in food insecure areas. We seek to bring dignity to those in need by providing healthy options – but educating people on these choices is imperative. Students will choose an FFF food and develop a campaign to encourage people to make healthier choices.</p>